

10 10 + 1



DESCRIPTION

WHAT

The 10 10 + 1 allows you to train your ears to the English language as well as improve your listening comprehension skills.

WHY

It allows you to improve your listening comprehension and at the same time your pronunciation and learning of spoken expressions.

HOW

You must listen and watch different podcasts/films/series in English with English subtitles and choose the videos which interest you the most.

APPS THAT WE RECOMMEND



WEBSITES

Here you will be able to find a selection of websites with videos with English subtitles:

- o <https://www.ted.com/>
- o <https://www.thersa.org/discover/videos/>
- o <http://news.sky.com/>
- o <http://www.euronews.com/> (sometimes the audio does not correspond exactly to the script)

Films in streaming and series usually offer subtitles:

- o <https://www.netflix.com>



Subtitles on YouTube are often incorrect.



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BUSINESS

- BBC World Service: Business Matters (<http://www.bbc.co.uk/programmes/p016tl04/episodes/downloads>)
- BBC World Service: World Business Report (<http://www.bbc.co.uk/programmes/p02tb8vq/episodes/downloads>)
- Planet Money (<http://www.npr.org/podcasts/510289/planet-money>)
- Down to Business English (<http://downtobusinessenglish.com/>)
- HBR Idea Cast (<https://itunes.apple.com/us/podcast/hbr-ideacast/id152022135?mt=2>)

NEWS & POLITICS

- BBC World Service: World Update: Daily Commute (<http://www.bbc.co.uk/programmes/p02nrsmt/episodes/downloads>)
- BBC World Service: Global News Podcast (<http://www.bbc.co.uk/programmes/p02nq0gn/episodes/downloads>)
- The Stream (<https://itunes.apple.com/us/podcast/the-stream-audio/id489783381>)
- The Guardian: Politics Weekly (<http://www.theguardian.com/politics/series/politicsweekly>)
- The Good Fight (<http://thegoodfight.fm/>)
- PBS NewsHour (<https://itunes.apple.com/fr/podcast/pbs-newshour-full-episodes/id394432287?mt=2>)
- PRI's The World (<https://itunes.apple.com/us/podcast/pris-world-latest-episodes/id278196007?mt=2>)

SCIENCES & TECHNOLOGIES

- BBC World Service: Discovery (<http://www.bbc.co.uk/programmes/p002w557/episodes/downloads>)
- Let's Talk About Tech (<http://www.bbc.co.uk/programmes/p02nrxgq/episodes/downloads>)

OTHER

- Stuff You Should Know (<http://www.stuffyoushouldknow.com/podcasts/>)
- LyricsTraining (<http://www.lyricstraining.com>)

Practice is the key in training your ears perfectly and you will get even better results for a future immersion at Châteaux des langues... of course!